Federal Bar Association Webinars

FEDERAL BENEFITS OPEN SEASON

Sponsoring Entity: Federal Career Service Division

Date: Monday, December 7th, 2026

Time (ET): 2:00 pm – 3:00 pm ET

Live Price: $0 FBA Member / $95 Nonmember

Presented by the Federal Career Service Division

This course helps federal employees and retirees make confident, informed choices during the annual Federal Benefits Open Season. Participants will learn how to compare FEHB and PSHB health plans, including premiums, deductibles, out-of-pocket costs and prescription coverage, and how to choose the right enrollment type for their household. The course also covers FEDVIP dental and vision coverage, FSAFEDS flexible spending accounts, federal life insurance and long-term care, and how FEHB works with Medicare in retirement. Participants will leave knowing what to review, what to change, and how to make their elections before Open Season closes.

WHAT YOU'LL LEARN

- ✓ How to Compare FEHB and PSHB Health Plans
- ✓ Choosing Self Only, Self Plus One or Self and Family
- ✓ FEDVIP Dental and Vision Coverage Options
- ✓ FSAFEDS Basics: Flexible Spending Accounts
- ✓ How FEHB Works With Medicare in Retirement
- ✓ High-Deductible Plans and Health Savings Accounts
- ✓ Keeping FEHB in Retirement
- ✓ Federal Life Insurance and Long-Term Care

YOUR INSTRUCTORS



Bill Merecki

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Founder of The Federal Benefits Group, Bill has worked exclusively with federal employees for 15 years. He helps employees understand their benefits and build retirement strategies with confidence, and regularly teaches federal retirement at the FBI, the Federal Bureau of Prisons and DISA.



Lacie Harmon

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Since 2018, Lacie has helped FERS and CSRS employees understand pensions, TSP, survivor benefits, FEHB and Social Security. She provides clear, practical retirement guidance and has taught at the FAA, USDA and GAO. She is also a regular contributor to FedWeek's Experts View section.

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